Draft: Edits proposed by GOVERNANCE/ Wellness Advisory Committee through 11/17/22;

sold

and

The Alaska Department of Education and Early Development maintains a Smart Shack waiver process which allows schools to apply for a limited number of fundraising exemptions per year. Schools may apply for the set number of fundraising days per year under the waiver.

In addition to foods sold on campus, to the extent practicable, foods or beverages made available to students on campus during the school day (ie for parties or celebrations, or provided as a reward) will be offered with consideration for promoting student health through a balanced diet, while also recognizing and promoting moderation, as indicated by myplate.gov. Administrative regulations shall be developed and maintained that include suggestions for nonfood rewards, such as physical activity opportunities, and provide guidance for food or beverages made available to students during the school day, including references to foods provided by families or staff, time of day, and when used as a reward for student performance.

Schools shall

during the school day

education and one semester of health education. All physical and health education classes will mirror other class schedules and length.

High school students are required to take 1.5 credits of Health/Physical Education for graduation, as outlined in the ASD graduation requirements.

The district will adopt a physical education curriculum that aligns with the Alaska State Standards for Physical Education for grades K-12, with grade level benchmarks. The curriculum shall be reviewed in accordance with the regular curriculum review and adoption schedule of the district.

Students enrolled in a physical education course shall be assessed based on physical education standards. A written physical education grade shall be reported for students according to the grading schedule of the district. Exemptions from physical education are not permitted for K-8 students but waivers are permissible for High School students. Accommodations will be made for those with medical, cultural, or religious considerations.

To the extent practicable, physical education shall be taught by a certified/endorsed physical education teacher. Physical education teachers shall receive annual professional development specific to physical education content.

D. Physical Activity

recommended

time each day

90% CDC

physical activity.

30 cumulative

When practicable, recess shall be scheduled before lunch

periods and take place outdoors.

90%

Administrative regulations shall be developed to ensure that physical activity opportunities are provided in accordance with Alaska State Law 14.30.360 (amended in 2016 by Senate Bill

education and

The district is

E Communication with Families

-

and implementation of this policy.

practices regarding

communication channels.

comply with Federal and State reporting requirements, including a triennial its This the extent to which schools

are in

based on the results of the triennial assessment and the latest national recommendations pertaining to school health.
